Sojourner Truth’s “Ain’t I A Woman?”

Speech given in 1851 at the Women’s Rights Convention in

Akron, Ohio. Song interpretation by Anne Feeney, *Original*

*Recordings*. Anne Feeney (2004).

That man over there say

a woman needs to be helped into carriages

and lifted over ditches

and to have the best place everywhere.

Nobody ever helped me into carriages

or over mud puddles

or gives me a best place. . .

And ain't I a woman?

Look at me

Look at my arm!

I have plowed and planted

and gathered into barns

and no man could head me. . .

And ain't I a woman?

I could work as much

and eat as much as a man--

when I could get to it--

and bear the lash as well

and ain't I a woman?

I have born 13 children

and seen most all sold into slavery

and when I cried out a mother's grief

none but Jesus heard me. . .

and ain't I a woman?

that little man in black there say

a woman can't have as much rights as a man

cause Christ wasn't a woman

Where did your Christ come from?

From God and a woman!

Man had nothing to do with him!

If the first woman God ever made

was strong enough to turn the world

upside down, all alone

together women ought to be able to turn it

rightside up again.